

Ramadaan 1445 March-April 2024

masjidattaqwa.co.nz | 09-277-7175 | 56-58 Grayson Ave, Manukau, Auckland

"O you who have believed, decreed upon you is fasting as it was decreed upon those

Qur'aan 2:138

before you that you may become righteous."

THE INTENTION FOR FASTING (NIYYAH)

The intention's place is the heart, not the lips. Neither the Prophet , nor any of his companions, ever pronounced the intention verbally. The intention to fast must be present before Fajr at the latest.

DU'AA DURING BREAKING THE FAST

The Prophet (sallallaahu alaihi wa sallam) used to say this du'aa at the time of iftaar:

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللَّهُ

"Dhahabaz-zama', wabtallat-il-'urooq, wa thabat-al-ajru in shaa' Allaah."

(The thirst has gone, the veins are moist and the reward is set, Allaah willing.)

> Sunan Abee Daawood (2357) – graded authentic by Ibn Hajar & al-Albaanee

A person may supplicate with any other good words along with the above. However, it is not correct to specify a particular du'aa for iftaar

- Fajr beginning time is Suhoor end time.
- Maghrib beginning time is Iftaar time. 2 minutes added to Maghrib time estimate
- Adhaan is 10 minutes before igaamah. Jumu'ah khutbah starts at 12:35 pm (1:35 pm DST).
- Islamic dates are subject to moon sighting. Please check website.
- Asr and Ishaa times are based on the majority scholarly position.

			IIIasjiaa	ccaqvva		9-211-1115 56-58		Grayson	, (v C, 1410	irrartaa, 7 tt	anau, machtana			
Day	رمضان	MAR- APR	Fajr		Sunrise	Dhuhr		'Asr		Maghrib		'Ishaa'		
			Suhoor End	Iqaamah		Begins	Iqaamah	Begins	Iqaamah	Iftaar	Iqaamah	Begins	Iqaamah	
Tue	1	12	5:49 AM	6:20	07:17 AM	01: 31 PM	1:50	05:04 PM	5:35	7:46 PM	7:56 PM	8:52 PM	9:25	
Wed	2	13	5:50 AM		07:18 AM	01: 30 PM		05:03 PM		7:45 PM	7:55 PM	8:50 PM		
Thu	3	14	5:51 AM		07:18 AM	01: 30 PM		05:02 PM		7:43 PM	7:53 PM	8:48 PM		
Fri	4	15	5:52 AM		07:19 AM	01: 30 PM		05:01 PM		7:42 PM	7:52 PM	8:47 PM		
Sat	5	16	5:53 AM		07:20 AM	01: 30 PM		05:00 PM	5:30	7:40 PM	7:50 PM	8:45 PM	9:20	
Sun	6	17	5:54 AM		07:21 AM	01: 29 PM		04:59 PM		7:39 PM	7:49 PM	8:44 PM		
Mon	7	18	5:55 AM	6:25	07:22 AM	01: 29 PM	1:50	04:58 PM		7:37 PM	7:47 PM	8:42 PM		
Tue	8	19	5:56 AM		07:23 AM	01: 29 PM		04:57 PM		7:36 PM	7:46 PM	8:40 PM	9:15	
Wed	9	20	5:57 AM		07:24 AM	01: 28 PM		04:56 PM		7:34 PM	7:44 PM	8:39 PM		
Thu	10	21	5:58 AM		07:25 AM	01: 28 PM		04:55 PM	5:25	7:33 PM	7:43 PM	8:37 PM		
Fri	11	22	5:59 AM		07:26 AM	01: 28 PM		04:54 PM		7:31 PM	7:41 PM	8:36 PM		
Sat	12	23	6:00 AM	6:30	07:27 AM	01: 28 PM		04:53 PM		7:30 PM	7:40 PM	8:34 PM	9:10	
Sun	13	24	6:01 AM		07:27 AM	01: 27 PM		04:52 PM		7:28 PM	7:38 PM	8:33 PM		
Mon	14	25	6:02 AM		07:28 AM	01: 27 PM		04:51 PM		7:27 PM	7:37 PM	8:31 PM		
Tue	15	26	6:03 AM		07:29 AM	01: 27 PM	1:50	04:50 PM	5:20	7:25 PM	7:35 PM	8:30 PM	9:05	
Wed	16	27	6:04 AM		07:30 AM	01: 26 PM		04:49 PM		7:24 PM	7:34 PM	8:28 PM		
Thu	17	28	6:05 AM	6:35	07:31 AM	01: 26 PM		04:48 PM		7:22 PM	7:32 PM	8:27 PM		
Fri	18	29	6:06 AM		07:32 AM	01: 26 PM		04:47 PM		7:21 PM	7:31 PM	8:25 PM	9:00	
Sat	19	30	6:07 AM		07:33 AM	01: 25 PM		04:46 PM		7:20 PM	7:30 PM	8:24 PM		
Sun	20	31	6:07 AM		07:34 AM	01: 25 PM		04:45 PM		7:18 PM	7:28 PM	8:22 PM		
Mon	21	1	06:08 AM		07:34 AM	01: 25 PM		04:44 PM		7:17 PM	7:27 PM	8:21 PM		
Tue	22	2	06:09 AM		07:35 AM	01: 25 PM		04:43 PM		7:15 PM	7:25 PM	8:19 PM	8:55	
Wed	23	3	06:10 AM	6:40	07:36 AM	01: 24 PM		04:42 PM		7:14 PM	7:24 PM	8:18 PM		
Thu	24	4	06:11 AM		07:37 AM	01: 24 PM		04:41 PM		7:12 PM	7:22 PM	8:16 PM		
Fri	25	5	06:12 AM		07:38 AM	01: 24 PM		04:40 PM		7:11 PM	7:21 PM	8:15 PM	8:50	
Sat	26	6	06:13 AM		07:39 AM	01: 23 PM		04:39 PM		7:09 PM	7:19 PM	8:13 PM		
Sun	27	7	05:14 AM	5:40	06:40 AM	12:23 PM	12:50	03:38 PM	4:20	6:08 PM	6:18 PM	7:12 PM	7:45	
Mon	28	8	05:14 AM		06:40 AM	12:23 PM		03:37 PM		6:07 PM	6:17 PM	7:11 PM		
Tue	29	9	05:15 AM	5:45	06:41 AM	12:23 PM		03:36 PM		6:05 PM	6:15 PM	7:09 PM	7:40	
Wed	30	10	05:16 AM		06:42 AM	12:22 PM		03:35 PM		6:04 PM	6:14 PM	7:08 PM		
Thu	1	11	05:17 AM	5:45	06:43 AM	12:22 PM	12:50	03:34 PM	4:20	6:02 PM	6:12 PM	7:07 PM	7:35	



RAMADAAN ADVICE IN BRIEF

#Read more Qur'aan and offer more units of prayer with reflection, humility and attentiveness.

#Share and provide food for fasting people to gain a reward similar to theirs, especially the poor and needy.

#Perform your five prayers in congregation to gain the reward and Allaah's protection.

#Do your best to attend the taraaweeh prayers.

#Give plenty of charity.

#Break your fast as soon as the sun sets – don't delay.

#Avoid overeating.

#Cut food waste.

#Maintain ties with family and relatives.

#Safeguard your tongue from lying, cursing, backbiting and slander for they decrease the reward of fasting.

#Learn about the rulings of fasting, salaah and zakaah and most importantly, about the correct 'aqeedah.

#Resolve important Islamic issues in your life.

#Volunteer at the masjid.

#Share the message of Islam with others.

#Support the masjid campaign to build a special area for mothers'/toddlers' and renovate the sisters' section: masjidattaqwa.co.nz/donate